

### **Our Community Clinics**

Children's: Hugo, West St. Paul

Partners in Pediatrics: Brooklyn Park, Maple Grove, Plymouth, Rogers, St. Louis Park

# PARENT SCHOOL PROGRESS FOLLOW-UP EVALUATION

Parent to Complete in the month of				
Child's Name: Date of Birth:		Today's Da	te:	
Parent's Name: Pa	arent's Ph	none Number:		
<ul> <li>Are your child's ADHD symptoms controlled consistently throughout the da</li> <li>If your child is currently taking ADHD medication, how long does it control</li> <li>Are your child's ADHD symptoms controlled during after-school hours included in the symptoms are not adequately controlled during this times</li> </ul>	his/her s uding hor	mework time?	Y	es □ No Hours. es □ No
<ul> <li>Do you feel that your child needs more symptom control than what is provided by his/her current ADHD treatment plan?</li> <li>Do you feel that your child's current or prior ADHD medication is/was well</li> </ul>	tolerated	?		No □ Yes ⁄es □ No
SYMPTOMS	Never	OCCASIONALLY	OFTEN	VERY OFTEN
1. Dono not now attention to details or makes careless mistakes with for example	Λ	1	2	2

Symptoms	Never	OCCASIONALLY	OFTEN	VERY OFTE
1. Does not pay attention to details or makes careless mistakes with, for example,	0	1	2	3
homework.				
Has difficulty keeping attention to what needs to be done.	0	1	2	3
Does not seem to listen when spoken to directly.	0	1	2	3
4. Does not follow through when given directions and fails to finish activities (not due to refusal or failure to understand).	0	1	2	3
5. Has difficulty organizing tasks and activities.	0	1	2	3
6. Avoids, dislikes, or does not want to start tasks that require ongoing mental effort.	0	1	2	3
7. Loses things necessary for tasks or activities (toys, assignments, pencils, or books).	0	1	2	3
8. Is easily distracted by noises or other stimuli.	0	1	2	3
9. Is forgetful in daily activities.	0	1	2	3
10. Fidgets with hands or feet or squirms in seat.	0	1	2	3
11. Leaves seat when remaining seated is expected.	0	1	2	3
12. Runs about or climbs too much when remaining seated is expected.	0	1	2	3
13. Has difficulty playing or beginning quiet play activities.	0	1	2	3
14. Is "on the go" or often acts as if "driven by a motor".	0	1	2	3
15. Talks too much.	0	1	2	3
16. Blurts out answers before questions have been completed.	0	1	2	3
17. Has difficulty waiting his or her turn.	0	1	2	3
18. Interrupts or intrudes in on others' conversations and/or activities.	0	1	2	3
19. Argues with adults.	0	1	2	3
20. Loses temper.	0	1	2	3
21. Actively defies or refuses to go along with adults' requests and/or activities.	0	1	2	3
22. Deliberately annoys people.	0	1	2	3
23. Blames others for his or her mistakes or misbehavior.	0	1	2	3
24. Is touchy or easily annoyed by others.	0	1	2	3
25. Is angry or resentful.	0	1	2	3
26. Is spiteful and wants to get even.	0	1	2	3
27. Is fearful, anxious, or worried.	0	1	2	3
28. Is afraid to try new things for fear of making mistakes.	0	1	2	3
29. Feels worthless or inferior.	0	1	2	3
30. Blames self for problems, feels guilty.	0	1	2	3
31. Feels lonely, unwanted, or unloved; complains that "no one loves him or her".	0	1	2	3
32. Is sad, unhappy, or depressed.	0	1	2	3
33. Is self-conscious or easily embarrassed.	0	1	2	3



me: Date of Birth:								
PERFORMANCE	EXCELLENT	ABOVE AVERAGE	Α	VERAGE	SOMEWHAT O			
34. Overall school performance	1	2		3	4	ļ		5
35. Reading	1	2		3	4	ļ		5
36. Writing	1	2		3	4			5
37. Mathematics	1	2		3	4	ļ.		5
38. Relationships with parents.	1	2		3	4	ļ		5
39. Relationships with siblings.	1	2		3	4			5
40. Relationships with peers.	1	2		3	4			5
41. Participation in organized activities (e.g. teams)	1	2		3	4			5
Side Effects: Has your child experienced any of the follo	wing side effec	ts or problems	in	None	MILD	Moder	ATE	SEVERE
the past week?								
Change of appetite				0	1	2		3
Weight loss				0	1	2		3
Trouble sleeping				0	1	2		3
Dull, tired, listless behavior				0	1	2		3
Chest pain				0	1	2		3
Stomachache				0	1	2		3
Headache				0	1	2		3
Tremors/feeling shaky				0	1	2		3
Repetitive movements, tics, jerking, twitching, eye blinking				0	1	2		3
Picking at skin or fingers, nail biting, lip or cheek chewing	9			0	1	2		3
Irritability in the late morning, late afternoon, or evening					1	2		3
Problem behaviors when medications are wearing off					1	2		3
Excessive worrying, anxiety					1	2		3
Sees or hears things that aren't there					1	2		3
Socially withdrawn – decreased interaction with others					1	2		3
Extreme sadness or unusual crying				0	1	2		3
Dizziness		0	1	2		3		

0

## **COMMENTS:**

Skin rash

For Office Use Only									
Inattention 1-9:	/9	Hyp-Imp 10-18:	/9	ODD 19-26:	/8	Dep / Anx 27-33	<u>/7</u>		
Strengths:			Weaknesses:						



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## ADHD FOLLOW-UP SELF-REPORT

Name:	Date of Birth:		
	ur Phone Number:		
Are your ADHD symptoms controlled contr	nsistently throughout the day?	Yes	☐ No
If you are currently taking ADHD medica		_ Hours.	
Are your ADHD symptoms controlled during	ring after-school/work hours including homework time?	Yes	☐ No
• If not, what ADHD symptoms are not add	equately controlled during this time?		
Do you feel that you need more sympton	n control than		
what is provided by your current ADHD	reatment plan?	☐ No	☐ Yes
Do you feel that your current or prior ADI	HD medication is/was well tolerated?	☐ Yes	□ No

SYMPTOMS WHILE ON MEDICATIONS	Never	OCCASIONALLY	OFTEN	VERY OFTEN
I do not pay attention to details, make careless mistakes on homework or other work.	0	1	2	3
2. I have difficulty paying attention to what needs to be done.	0	1	2	3
3. I do not listen well when spoken to directly.	0	1	2	3
4. I do not follow through when given directions and fail to finish activities.	0	1	2	3
5. I have difficulty organizing tasks and activities.	0	1	2	3
6. I avoid, dislike, or do not want to start tasks that require ongoing mental effort.	0	1	2	3
7. I lose things necessary for tasks or activities (keys, glasses, wallet, important papers or assignments).	0	1	2	3
8. I am easily distracted by noises or other stimuli.	0	1	2	3
9. I am forgetful in daily activities.	0	1	2	3
10. I fidget and squirm a lot.	0	1	2	3
11. I have trouble remaining seated when it is expected.	0	1	2	3
12. I am agitated and restless.	0	1	2	3
13. I have difficulty engaging in leisurely activities quietly.	0	1	2	3
14. I am "on the go" and have a hard time relaxing.	0	1	2	3
15. I talk too much.	0	1	2	3
16. I blurt out answers before questions have been completed.	0	1	2	3
17. I have difficulty waiting my turn in conversations, activities, or driving.	0	1	2	3
18. I interrupt or intrude in on others' conversations and/or activities.	0	1	2	3
19. I argue with others often.	0	1	2	3
20. I lose my temper.	0	1	2	3
21. I actively defy or refuse to go along with others' requests and/or activities.	0	1	2	3
22. I deliberately annoy people	0	1	2	3
23. I blame others for my mistakes or misbehavior.	0	1	2	3
24. I am touchy or easily annoyed by others.	0	1	2	3
25. I am angry or resentful.	0	1	2	3
26. I am spiteful and want to get even.	0	1	2	3
27. I am fearful, anxious, or worried.	0	1	2	3
28. I am afraid to try new things for fear of making mistakes.	0	1	2	3
29. I feel worthless or inferior.	0	1	2	3
30. I blame myself for problems, feel guilty.	0	1	2	3
31. I feel lonely, unwanted, or unloved; complain that "no one loves me."	0	1	2	3
32. I am sad, unhappy, or depressed.	0	1	2	3
33. I am self-conscious or easily embarrassed.	0	1	2	3



Name:	Date of Birth:

PERFORMANCE	EXCELLENT	ABOVE AVERAGE	AVERAGE	SOMEWHAT OF A PROBLEM	PROBLEMATIC
34. Overall school/work performance	1	2	3	4	5
35. Reading	1	2	3	4	5
36. Math	1	2	3	4	5
37. Writing	1	2	3	4	5
38. Relationships with parents.	1	2	3	4	5
39. Relationships with siblings.	1	2	3	4	5
40. Relationships with peers.	1	2	3	4	5
41. Relationship with spouse/significant other.	1	2	3	4	5

<b>Side Effects:</b> Have you experienced any of the following side effects or problems in the past week?	None	MILD	MODERATE	SEVERE
Change of appetite	0	1	2	3
Weight loss	0	1	2	3
Trouble sleeping	0	1	2	3
Dull, tired, listless behavior	0	1	2	3
Chest pain	0	1	2	3
Stomachache	0	1	2	3
Headache	0	1	2	3
Tremors/feeling shaky	0	1	2	3
Repetitive movements, tics, jerking, twitching, eye blinking	0	1	2	3
Picking at skin or fingers, nail biting, lip or cheek chewing	0	1	2	3
Irritability in the late morning, late afternoon, or evening	0	1	2	3
Problem behaviors when medications are wearing off	0	1	2	3
Excessive worrying, anxiety	0	1	2	3
Sees or hears things that aren't there	0	1	2	3
Socially withdrawn – decreased interaction with others	0	1	2	3
Extreme sadness or unusual crying	0	1	2	3
Dizziness	0	1	2	3
Skin rash	0	1	2	3

## **COMMENTS:**

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Inattention 1-9:	/9	Hyp-Imp 10-18:	<u>/9</u>	ODD 19-26:	/8	Dep / Anx 27-33	<u>/7</u>
Strengths:			Weakne	sses:			

Provider Initials:\_\_\_\_\_



# A Survey from your Healthcare Provider - PHQ 9 - Modified for Teens

Instructions: How often have you been bothered by each of the following symptoms during the past two weeks? For each symptom put an "X" in the box beneath the answer that best describes how you have been feeling.

	(0) Not at All	(1) Several Days	(2) More Than Half the Days	(3) Nearly Every Day
1. Feeling down, depressed, irritable, or hopeless?				
2. Little interest or pleasure in doing things?				
3.Trouble falling asleep, staying asleep, or sleeping too much?				
4. Poor appetite, weight loss, or overeating?				
5. Feeling tired, or having little energy?				
6. Feeling bad about yourself – or feeling that you are a failure, or that you have let yourself or your family down?				
7. Trouble concentrating on things like school work, reading, or watching TV?				
8. Moving or speaking so slowly that other people could have noticed?  Or the opposite – being so fidgety or restless that you were moving around a lot more than usual?				
Thoughts that you would be better off dead, or of hurting yourself in some way?				
<ul><li>10. In the <i>past year</i> have you felt depressed or sad most days, et</li><li>11. If you are experiencing any of the problems on this form, how work, take care of things at home or get along with other people.</li></ul>	difficult have th			∕es □ No to do your
□ Not difficult at all □ Somewhat difficult □ Very diff		tremely difficul	<del>t</del>	
B Not difficult at all B comewhat difficult B very diff		deficity difficult		
12. Has there been a time in the past month when you have had s	serious thoughts	s about ending	your life?	Yes □ No
13. Have you <b>ever</b> , in your <b>whole life</b> , tried to kill yourself or mad	e a suicide atte	mpt?		∕es □ No
	FOR OFFIC	E USE ONLY	Score	
			Q 12 and Q 13 :	= Y or TS = <u>&gt;</u> 11
Date completed:	PLA	CE PATIEN	T LABEL H	ERE



# Generalized Anxiety Disorder 7 – Item (GAD-7) Scale

Instructions: Over the last 2 weeks, how often have you been bothered by the following problems?	(0) Not at All	(1) Several Days	(2) Over Half the Days	(3) Nearly Every Day
1.Feeling nervous, anxious or on edge				
2. Not being able to stop or control worrying				
3.Worrying too much about different things				
4. Trouble relaxing				
5. Being so restless that it's hard to sit still				
6. Becoming easily annoyed or irritable				
7. Feeling afraid as if something awful might happen				
Add score for each column + + + +				
Total Score (add your column scores) =				
If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home or get along with other people?  □ Not difficult at all □ Somewhat difficult □ Very difficult □ Extremely difficult  Date completed:				
	PLAC	E PATIENT	LABEL HE	ERE