



**Pediatric Clinical Hypnosis  
Skill Development Workshops 2017**  
*presented by*

**NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE**

**October 19-21, 2017**

**Crowne Plaza Minneapolis West  
3131 Campus Drive  
Plymouth, MN 55441**

**In Collaboration with  
Minnesota Society of Clinical Hypnosis  
University of Minnesota Department of Pediatrics  
Children's Hospitals and Clinics of Minnesota**

**Children's**  
MINNESOTA

**Sponsored by  
Fairview Health Services**

# Exciting Changes in 2017!

## **Practical hypnosis skills: How to construct therapeutic goals and suggestions**

**Introductory Workshop:** Learn to use hypnotic language for therapeutic suggestions during patient encounters

**Intermediate Workshop:** Spotlighting Practical Skill Building: How to determine specific goals and create hypnotic suggestions

- **Highlighting our Senior Faculty as the New Keynote Presenter!**

Leora Kuttner, PhD, clinical psychologist, has received numerous international awards for her leadership in the field of pediatric pain management and palliative care. Dr. Kuttner will be offering a Mini-Intensive session on **Hypnosis Skill Development: Establishing a Sleep Ritual with Hypnosis during the 2017 Intermediate Workshop**. Dr. Kuttner developed this intervention for older children and teens whose health recovery was impeded by chronic disruptive sleep patterns. Her goal-focused approach is practical, systematic, and effective.

Dr. Kuttner is a Clinical Professor of Pediatrics, University of British Columbia and British Columbia Children's Hospital, Vancouver, Canada. She is the Vice-President, Canadian Society of Clinical Hypnosis (BC Division). Dr. Kuttner is on the Scientific Planning Committee for the International Hypnosis Society's 2018 conference in Montreal. She is globally renowned for her clinical and teaching expertise and is an award-winning author, including two texts, ([A Child in Pain: What Health Professionals Can Do To Help](#) [2010] and [A Child in Pain: How to Help, What to Do](#) [1996, 2008]) as well as numerous writings featuring hypnosis. Dr. Kuttner is also a prolific filmmaker and has received Media Awards for Best Professional/Medical film and Best Documentary film.

- **Five new choices for Mini-Intensive Tutorials: Hypnosis Skill Development (now 90 minutes each!)**

## **DESCRIPTION OF WORKSHOPS**

These intensive workshops feature a combined lecture-demonstration-experiential training format with a developmental perspective in the use of clinical hypnosis and its empirically supported applications to children and teens experiencing various medical and mental health conditions and challenges. Cutting edge presentations include videos of faculty case vignettes that highlight therapeutic communication, hypnosis strategies, and self-hypnosis.

- Our multi-disciplinary faculty, who are seasoned pediatric clinicians with expertise in the use of pediatric hypnosis, include the most renowned leaders-teachers-researchers-authors in this field.
- The workshops are offered at three levels (Fundamentals, Utilization & Clinical Applications, Individualized Consultation) to licensed pediatric clinicians with advanced degrees and full-time trainees working toward a clinical license.
- Very strong emphasis is placed on experiential learning, (i.e. activities during presentations, and extensive supervised practice of hypnotic techniques) within supportive small groups with a high faculty to trainee ratio.
- Registration fees for the three workshop levels include course presentations, small group exercises, an extensive bibliography, a complimentary cocktail reception, hearty continental breakfasts, and generous morning and afternoon refreshments.

## **ELIGIBILITY AND TARGET AUDIENCE**

Workshop participation requires an active clinical license AND one of the following:

- Doctoral Degree in Medicine, Psychology, Nursing or Dentistry
- Masters Degree in Social Work, Marriage and Family Therapy, Clinical or Counseling Psychology
- Masters Degree in Nursing or a Registered Nurse with a Masters Degree and subspecialty training or certification (e.g. APRN, CPNP, CNS)
- Other Advanced degree clinicians (e.g. Occupational & Physical Therapists, Speech & Language Pathologists, et al.)
- Child Life Specialists holding a Doctoral, Masters, or Bachelors degree
- Full-time Interns/Residents/Fellows or Graduate Students enrolled in an accredited program leading to these clinical degrees will be accepted when they provide a letter from their department on letterhead, attesting to their current full-time status, specifying timing of training (month and year).

## FUNDAMENTALS OF PEDIATRIC CLINICAL HYPNOSIS (Introductory) WORKSHOP:

### FUNDAMENTALS OF PEDIATRIC CLINICAL HYPNOSIS (Introductory) WORKSHOP

This workshop is for clinicians who have NOT YET completed a prior pediatric-specific hypnosis training (20+ hours).

- Basic skill-building in hypnosis as therapeutic communication and adjunctive intervention for children/teens experiencing a variety of clinical conditions.
- Ideal for clinicians wanting a refresher or solidification of confidence in fundamental hypnosis skills.
- Clinical focus: management of pediatric pain, anxiety, and sleep.
- Instructional videos and case vignettes: integral components of all presentations.
- Experiential learning is a critical component: double the amount offered in most introductory hypnosis workshops. Activities include: large group exercises and supervised small group practice (typically a 6:1 trainee: faculty ratio) focused on the structure and elements of clinical hypnosis with children/teens, explaining hypnosis to parents and children, and the use of self-hypnosis.

For complete information, click here <https://tinyurl.com/nphti2017>

### REGISTRATION

Registration Deadlines & Fees – Introductory Workshops register by September 10 to receive Early Reg Discount

	<b>Kick-off</b> <b>March 1 – June 30</b>	<b>Early Bird</b> <b>July 1 - September 10</b>	<b>Regular</b> <b>After September 10</b>
Introductory Workshop	\$865	\$950	\$1,000
MSCH Member	\$795	\$875	\$925
Children’s Hospitals and Clinics of MN Faculty/Staff	\$795	\$875	\$925
University of MN Faculty/Staff	\$795	\$875	\$925
Graduate Student/Intern/Resident/Fellow/Trainee	\$599	\$675	\$715

#### To Register for the Introductory Workshop

**ONLINE:** Register online with Visa, MasterCard, or American Express at <https://tinyurl.com/nphti2017>

**QUESTIONS:** For any questions relating to registration, please contact NPHTI@iplanitmeetings.com or call 1-800-781-1193, ext. 601 between 8 am-5 pm Mountain Time.

## UTILIZATION AND EXPANDED CLINICAL APPLICATIONS (Intermediate) WORKSHOP:

**NOTE: Participants must have completed an Introductory *all pediatric-specific hypnosis training workshop* (20+ hours) and are using clinical hypnosis with pediatric patients on a frequent basis. A required Prior Learning/Needs Assessment application is reviewed prior to acceptance for this workshop.** This is *not* a beginning level course.

Prior to registering for this workshop, a completed Application must be submitted for review, click here <https://tinyurl.com/nphti2017> and select “Application”

This workshop is for clinicians who have completed a *prior pediatric-specific hypnosis training workshop* (20+ hours).

- **Workshop revised to emphasize experiential learning how to set hypnosis GOALS and create goal-driven SUGGESTIONS!**
- Learn Ericksonian Utilization principles.
- Refine and expand existing hypnosis skills and develop individualized hypnotic treatment approaches for patients and their families.
- Faculty videos and case vignettes are integral throughout workshop.
- Supervised exercises: Augment your confidence and specific utilization skills (conversational inductions, pacing & leading, constructing goal-driven suggestions, talking in trance, self-regulation strategies, and other person-centered strategies) within thoughtfully clustered small groups (with high faculty to trainee ratios)
- Select two of five NEW “mini-intensive” (now 90 minutes each) clinical tutorials!

Participants will also select two of six (each 90 minutes!) NEW “mini-intensives” on Hypnosis Skills Development clinical topics:

- 1) Hypnosis Skill Development: Establishing a Sleep Ritual with Hypnosis
- 2) Hypnosis Skill Development: Building Positive Expectations & Creating Response “Yes” Sets
- 3) Hypnotic Approaches for Children/Teens with Tics & Habit Disorders
- 4) Hypnotic Approaches for Children/Teens with Enuresis
- 5) Experiential Training for Cultivating Better Conversational Hypnosis Skills

### REGISTRATION

	<b>Kick-off</b> <b>March 1 – June 30</b>	<b>Early Bird</b> <b>July 1 - September 10</b>	<b>Regular</b> <b>After September 10</b>
Intermediate Workshop	\$865	\$950	\$1,000
MSCH Member	\$795	\$875	\$925
Children’s Hospitals and Clinics of MN Faculty/Staff	\$795	\$875	\$925
University of MN Faculty/Staff	\$795	\$875	\$925
Graduate Student/Intern/Resident/Fellow/Trainee	\$599	\$675	\$715

#### To Register for the Intermediate Workshop

Go to [www.nphti.org](http://www.nphti.org) to complete the Prior Learning/Needs Assessment or by clicking here

<https://tinyurl.com/nphti2017> and select “Application”. Upon acceptance of your assessment, you will be contacted with registration instructions.

## **INDIVIDUALIZED CONSULTATION (Advanced) WORKSHOP: Personalized and Peer Mentoring**

- Provides extensive, individualized mentor consultation to health care practitioners interested in enhancing their knowledge and expertise in the use of pediatric hypnosis.
- Fulfills partial requirements for attaining ASCH Certification in Clinical Hypnosis and/or an ASCH-Approved Consultant.
- Unique format: Clinicians consult in a small group (max = 6) with rotating faculty facilitators (ASCH Approved Consultants).

This model encourages and expects participants to learn from one another and to have their own expertise affirmed and expanded. During the consultation sessions, the focus is upon issues unique to each practitioner's specialties and practice as reflected in their video submissions. Advanced participants must present a video-recording of hypnotic work with a pediatric patient and a corresponding typed case vignette of the video.

The firm deadline for video submission is **July 1, 2017**. A "how to" guide to help learners develop effective video recordings will be provided. Prior to registering for this workshop, a required application must be submitted for review, click here <https://tinyurl.com/nphti2017> and select "**Application**". Upon acceptance of your application, you will be contacted with registration instructions.

### **REGISTRATION**

#### **Registration Deadlines & Fees**

Advanced Workshop Registration Fee	On or before July 1, 2017 \$1025	Registrations will not be accepted after July 1, 2017
------------------------------------	-------------------------------------	---

#### **To Register for the Advanced Workshop**

Go to [www.nphti.org](http://www.nphti.org) to complete the Prior Learning/Needs Assessment or by clicking here <https://tinyurl.com/nphti2017> and select "**Application**". Upon acceptance of your assessment, you will be contacted with registration and video submission instructions, and a "how to" guide to developing effective video recordings. **Early registration is encouraged to reserve your place and facilitate faculty planning. Please note video submissions are due by July 1, 2017.**

Registration fees for **all three workshops** include course presentations (available online in advance, during and following the work- shops), hearty continental breakfast, and generous morning and afternoon refreshments. Special needs such as dietary restrictions, lactation room, etc. should be indicated in advance. Requests cannot always be honored on site.

**Note:** Participants are not considered registered until registrant information, Acknowledgement & Release Waiver and payment have been received by our office.



## **Lunch on Your Own**

Lunch during the three day workshops is not included in the registration fee. The hotel will provide options to purchase a box lunch or attendees are welcome to make a reservation at the hotel's restaurant for lunch. Tickets for the buffet will NOT be available this year.

## **Group Registration**

A minimum of 3 registrants from the same organization is required for a group discount of \$20 per person to be deducted from the corresponding registration fees listed above. Group registrations must be received within two business days. Contact Registration Services at 1-800-781-1193, ext. 601 to obtain a discount code before beginning the registration process. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

## **Course Materials**

*A printed syllabus will NOT be distributed at the Workshops. NO services for printing syllabi are available on site during the conference.* Registered attendees will be emailed access instructions to view the presentations online prior to the Workshops; and download or print for their use at the conference. The presentations and other course-related materials (e.g. extensive bibliography) will remain available online at the [www.NPHTI.org](http://www.NPHTI.org) website for 6-8 weeks following conclusion of the Workshops.

## **Cancellation Policy**

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on September 23, 2017. No refunds will be made after this date.

## **WORKSHOP LOCATION & OVERNIGHT ACCOMMODATIONS**

Crowne Plaza Minneapolis West  
3131 Campus Drive  
Plymouth, MN 55441  
[www.CPPlymouth.com](http://www.CPPlymouth.com)  
763-559-6600  
800-227-6963

A limited block of hotel rooms is available at the discounted rate of \$132.00 per night plus local taxes.

**In order to get this reduced rate, reservations must be made directly with the hotel by the cut-off date of September 16, 2017.** You may reserve your room by one of these methods:

- 1. Click here to make online reservations: [NPHTI Conference 2017](#)**
- 2. Call 763-559-6600 or 800-227-6963 and request the NPHTI Pediatric Clinical Hypnosis block.**

Reservations will be accepted based on space and rate availability.

Parking is complimentary and adjacent to the facility. Valet parking is available for \$3.50 per day.

## ACCREDITATION

### **American Medical Association/PRA**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Fairview Health Services, and the National Pediatric Hypnosis Training Institute (NPHTI), the Department of Pediatrics of the University of Minnesota, Children's Hospitals and Clinics of Minnesota and the Minnesota Society of Clinical Hypnosis. Fairview Health Services is accredited by the MMA to provide continuing medical education for physicians.

Fairview Health Services designates this live activity for a maximum of 22.0 *AMA PRA Category 1 Credits*<sup>™</sup> for the **Introductory Workshop**, 22.0 *AMA PRA Category 1 Credits*<sup>™</sup> for the **Intermediate Workshop** and 22.0 *AMA PRA Category 1 Credits*<sup>™</sup> for the **Advanced Workshop**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **American Academy of Pediatrics (AAP)**

This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of 22.0 AAP credits for **Introductory Level**, 22.0 AAP credits for **Intermediate Level**, 22.0 AAP credits for **Advanced Level**. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics

### **American Society of Clinical Hypnosis (ASCH)**

Accreditation application has been submitted for review and approval. Updates will be provided on the NPHTI website as approvals are granted.

### **Minnesota Board of Psychology**

The NPHTI Pediatric Clinical Hypnosis Skill Development Workshops **Introductory Level** has been approved for 22.0 continuing education hours, **Intermediate Level** approved for 22.0 continuing education hours and **Advanced Level** approved for 22.0 continuing education hours by the Minnesota Board of Psychology (Board Log # 201703.164).

### **Minnesota Board of Social Work**

Accreditation application has been submitted for review and approval. Updates will be provided on the NPHTI website as approvals are granted.

### **Minnesota Board of Marriage & Family Therapy**

Accreditation application has been submitted for review and approval. Updates will be provided on the NPHTI website as approvals are granted.

### **American Holistic Nurses Credentialing Corporation (AHNCC)**

This course is accepted for CE requirements for national board certification and recertification by the American Holistic Nurses Credentialing Corporation.

### **Nurse Practitioners, Advanced Practice Nurses, Dentists and Other Health Care Professionals**

Nurse practitioners, Advanced Practice Nurses, dentists and other health care professionals who participate in this CE activity may submit their Statements of Participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.



## NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

### INTRODUCTORY WORKSHOP

Co-coordinators: Pamela Kaiser, PhD, CPNP, CNS and Daniel Kohen, MD

#### Educational Objectives

At the completion of the Introductory Workshop, learners should be better able to:

- List the stages of hypnosis
- Describe hypnosis as a process of therapeutic communication
- Describe and demonstrate three pediatric hypnosis induction methods and three intensification techniques
- Explain hypnosis to parents and children
- Teach children and families self-hypnosis skills
- Outline the uses of hypnosis for children/teens experiencing procedural or chronic, recurring pain, anxiety/fear, and sleep disturbance
- Outline a strategy for getting started using hypnosis in clinical practice

### AGENDA

#### Thursday, October 19, 2017

- 7:00 a.m.** Registration and Breakfast Buffet
- 8:00** Introduction – Course Overview & Faculty Introductions
- 8:30** Hypnosis Definitions/ Theories/ Myths
- 9:25** Hypnosis Structure and Stages
- 10:15** Refreshment Break
- 10:35** Hypnosis: The Many Right Ways
- 11:15** Overview: Format for Small Group Practice
- 11:35** #1 Demo: Induction: Special Place (Dissociation); Intensification: Multisensory Imagery
- 11:50** Lunch on Your Own
- 1:00** #1 Small Group Practice: Induction: Special Place (Dissociation) – Intensification: Multisensory Imagery –Alert – Debrief
- 2:40** Refreshment Break
- 3:00** #2 Demo: Induction: The Breath; Intensification: Muscle Relaxation
- 3:15** #2 Small Group Practice: Induction: The Breath; Intensification: Muscle Relaxation– Alert – Debrief
- 4:55** Hypnosis: Developmental Considerations
- 5:45** Adjourn
- 6:00 p.m.** Complimentary Welcome Reception

#### Friday, October 20, 2017

- 7:00 a.m.** Breakfast Buffet
- 8:00** Formulating Suggestions: Language & Utilization / Communication Techniques
- 9:10** #3 Demo: Induction: Magnet Fingers; Intensification: Utilization; Give Suggestions
- 9:25** Refreshment Break
- 9:45** #3 Small Group Practice: Induction: Magnet Fingers; Intensification: Utilization; Incorporate Language & Suggestions
- 11:05** #4 Demo: Explaining Hypnosis to Child & Parents with Video
- 11:30** Lunch on Your Own

- 12:40** #4 Small Group Practice: Explain Hypnosis to Child & Parents
- 1:45** **NEW!** Creating Goal-driven Suggestions
- 2:35** **NEW!** #5 Demo: Induction: Learners' Choice; Intensification: Learners' Choice; Goal-driven Suggestions
- 2:50** Refreshment Break
- 3:05** #5 Small Group Practice: Induction & Intensification: Subject's Choice, Goal-driven Suggestions
- 4:45** Goals & Suggestions: Self-Regulation for Worry, Fears & Anxiety
- 5:45 p.m.** Adjourn for the Day

#### Saturday, October 21, 2017

- 7:00 a.m.** Breakfast Buffet
- 8:00** Goals & Suggestions: Acute & Chronic Pain
- 9:00** #6 Demo: Magic Glove Technique: with Video
- 9:20** Goals & Suggestions: Sleep Disturbances
- 10:15** Refreshment Break
- 10:30** #6 Small Group Practice: Magic Glove Technique
- 11:35** Lunch on Your Own
- 12:45** Self-Hypnosis (SH): Learning, Teaching, and Questions
- 1:10** Self-Hypnosis: Large Group Experience/Debrief
- 1:30** #7 Demo: Teach SH + Do SH
- 1:30** #7 Small Group Practice: Teach Self-Hypnosis – Do Self-Hypnosis
- 2:20** Refreshment Break
- 2:35** Breakout Groups: (Participants' Choice) Planning a Hypnosis Session: Goals & Suggestions
1. Pain
  2. Anxiety
  3. Primary Care
  4. Chronic Conditions
- 3:50** Continued Learning & Resources beyond Monday: NPHTI, Ongoing Education & Organizations
- 4:10** Beyond Today: What's Left To Learn?
- 4:20** Special Closure: All Faculty Group Hypnosis with Participants
- 4:30 p.m.** Adjourn / Pick up OPTIONAL Certificates for Framing (pre-ordered)



# NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

## INTERMEDIATE WORKSHOP

Co-coordinators: Pamela Kaiser, PhD, CPNP, CNS and Daniel Kohen, MD, FAAP, ABMH

### Educational Objectives

At the completion of the Intermediate Workshop, learners should be better able to:

- Refine therapeutic language skills in order to plan individualized hypnosis sessions
- Identify individualized specific goals and design and deliver goal-driven suggestions
- Integrate hypnotic utilization techniques: conversational inductions, pacing & leading, talking in trance, fractionation, reframing, and age progression & regression
- Enhance ability to apply hypnosis strategies to more complex clinical issues (respiratory, gastro-intestinal, pain, anxiety disorders and palliative care)
- Incorporate hypnotic self-regulation strategies for those experiencing anxiety, stress, acute or chronic pain
- Utilize a patient's resources and needs when designing an individualized treatment plan
- Augment hypnosis skills and approaches for children & teens with pain, enuresis, tics, habits, and for building positive expectations (depending on choice of mini-intensives).

## AGENDA

### Thursday, October 19, 2017

- 7:00 a.m.** Registration and Breakfast Buffet
- 8:00** Introduction – Course Overview & Faculty Introductions
- 8:30** Hypnosis: Re-fining Utilization/ Pacing & Leading
- 9:15** Utilizing Language: Why and How To Say What We Say, Pacing & Leading
- 10:00** Introduction to Small Groups  
#1 Demo: Conversational Induction; Pacing & Leading
- 10:25** Refreshment Break
- 10:40** #1 Small Group Practice: Conversational Inductions; Pacing & Leading
- 12:10** Lunch on Your Own
- 1:20** Utilizing Unfolding Development: Abstract Thinking, Metaphors, & Self-Regulation
- 2:00** **NEW!** Planning a Hypnosis Session: Creating Goal-driven Suggestions
- 3:00** Refreshment Break
- 3:20** **NEW!** Planning a Hypnosis Session: Post-Hypnotic Suggestions
- 4:05** **NEW!** #2 Demo: Designing and Delivering Suggestions
- 4:25** **NEW!** #2 Small Group Practice: Designing & Delivering Suggestions
- 5:45** Adjourn
- 6:00** Complimentary Welcome Reception

### Friday, October 20, 2017

- 7:00 a.m.** Breakfast Buffet
- 8:00** Anxiety & Fear: Goals & Suggestions for Self-Regulation
- 9:20** #3 Demo: Suggestions for Self-Regulation of Anxiety & Fear
- 9:35** Refreshment Break
- 9:50** #3 Small Group Practice: Suggestions for Self-Regulation of Anxiety & Fear
- 11:25** Lunch on Your Own
- 12:35** Acute and Procedural Pain
- 1:25** Integrating Hypnosis into Clinical Encounters

- 2:25** Refreshment Break
- 2:45** Recurrent and Chronic Pain, and Palliative Care
- 4:00** #4 Demo: Suggestions for Changing Sensation
- 4:20** #4 Small Group Practice: Suggestions for Changing Sensation
- 5:45 p.m.** Adjourn

### Saturday, October 21, 2017

- 7:15 a.m.** Breakfast Buffet
- 8:00** #5 Demo: Talking in Trance
- 8:30** #5 Small Group Practice: Talking in Trance
- 9:55** Refreshment Break
- 10:15** Mini-Intensive: Hypnosis Skill Development: **ALL NEW!** Clinical Topics Pick one of the following:  
- (A1) Morning Only! Hypnotic Approaches for Children/Teens with Enuresis  
- (B1) Morning Only! Experiential Training for Cultivating Better Conversational Hypnosis Skills  
- (C1) Establishing a Sleep Ritual with Hypnosis
- 11:45** Lunch on Your Own
- 12:55** Mini-Intensive: Hypnosis Skill Development **ALL NEW!** Clinical Topics Pick One of the Following:  
- New A & B Session & Repeat C Session:  
- (A2) Afternoon Only! Building Positive Expectations & Creating Response "Yes" Sets  
- (B2) Afternoon Only! Hypnotic Approaches for Children/Teens with Tics & Habit Disorders  
- (C2) Establishing a Sleep Ritual with Hypnosis
- 2:25** Refreshment Break
- 2:45** **NEW!** Panel & Group Discussion: Building, Using & Maintaining Hypnosis
- 3:50** Continued Learning & Resources beyond Monday: NPHTI, Ongoing Education & Organizations Beyond Today: What's left to learn?
- 4:10** Special Closure: All Faculty Group Hypnosis with Participants
- 4:20**
- 4:30 p.m.** Adjourn / Pick up OPTIONAL Certificates for Framing (pre-ordered) Registration Desk





## NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

### ADVANCED WORKSHOP

Co-coordinators: Daniel P. Kohen, MD, FAAP, ABMH and Leora Kuttner, PhD

#### Educational Objectives

At the completion of the Advanced Workshop, learners should be better able to:

- Reflectively evaluate one's own clinical skills/language through video review, critique, and discussion with colleague advanced learners and carefully matched faculty mentors
- Problem-solve challenging clinical situations regarding application of hypnotic strategies with colleague advanced learners and carefully matched faculty mentors
- Review, evaluate, and offer guidance regarding (others') clinical hypnosis encounters with colleague advanced learners and carefully matched faculty mentors

## AGENDA

### Thursday, October 19, 2017

- 7:00 a.m.** Registration & Breakfast Buffet
- 8:00** Introduction to Workshop Overview (All Groups)
- 8:35** Case Presentation with Mentor Consultation
- 10:15** Refreshment Break
- 10:35** Continuation of Case Presentation with Mentor Consultation
- 12:15** Lunch On Your Own
- 1:30** Case Presentation with Mentor Consultation
- 3:10** Refreshment Break
- 3:30** Continuation of Case Presentation with Mentor Consultation
- 5:15** Adjourn for the Day
- 6:00 p.m.** Complimentary Welcome Reception  
Evening Viewing (on own) of Videos

### Friday, October 20, 2017

- 7:00 a.m.** Breakfast Buffet
- 8:30** Case Presentation with Mentor Consultation
- 10:15** Refreshment Break
- 10:35** Continuation of Case Presentation with Mentor Consultation
- 12:15** Lunch on Your Own

- 1:30** Case Presentation with Mentor Consultation
- 2:50** Refreshment Break
- 3:10** Continuation of Case Presentation with Mentor Consultation
- 5:15 p.m.** Adjourn for the Day  
Evening Viewing (on own) of Videos

### Saturday October 21, 2017

- 7:00 a.m.** Breakfast Buffet
- 8:30** Case Presentation with Mentor Consultation
- 10:10** Refreshment Break
- 10:30** Continuation of Case Presentation with Mentor Consultation
- 12:00** Lunch on Your Own
- 12:45** Case Presentation with Mentor Consultation
- 2:30** Refreshment Break
- 2:45** Continuation of Case Presentation with Mentor Consultation
- 4:15** Q&A
- 4:20** Important Closure: All Faculty Group Hypnosis
- 4:30 p.m.** Adjourn

## 2017 HOST WORKSHOP FACULTY AND GROUP FACILITATORS

### **ANDREW J. BARNES, MD, MPH, FAAP\***

Assistant Professor, Pediatrics and Adolescent Health, Developmental- Behavioral Pediatrics, University of Minnesota, Minneapolis, MN; Former physician member-at- large, MSCH; Approved Consultant, ASCH

### **DAVID K. BECKER, MD, MFT**

Clinical Professor, Department of Pediatrics and the Osher Center for Integrative Medicine, University of California, San Francisco; Marriage and Family Therapist, ASCH member

### **CHERYL S. BEMEL, PhD, LP**

Psychologist, NCSP Nationally Certified School Psychologist; Clinic Psychologist at Allina Health Medical, St. Paul, Minnesota; Independent Practice, St. Paul, Minnesota; Deployable Psychologist, MN Behavioral Health Unit Medical Reserve Corps (MN BH MRC); Licensed Early Childhood Teacher, MN Dept. of Education; Former Crisis Psychologist, United Hospital, St. Paul, MN; Former Child Psychologist, University of Minnesota Hospitals and Clinics Inpatient Units; Current Treasurer, MSCH; Faculty, MSCH; Approved Consultant, ASCH.

### **FREDERICK BOGIN, MD, FAAP**

Assistant Professor of Pediatrics (retired), University of Connecticut School of Medicine; Private Practice, Pediatric Hypnotherapy; Certified, ASCH

### **CAMILLA G. CEPPI COZZIO, MD, FMH**

General Pediatrics and Adolescent Medicine Physician, Private Practice, Dübendorf, Switzerland; Member of Swiss Society of Pediatrics; Certified Physician, Swiss Academy of Psychosomatic and Psychosocial Medicine (SAPPM); ASCH, International Member

### **CANDACE J. ERICKSON, MD, FAAP, MPH**

#### ***Senior Faculty***

Associate Professor of Clinical Pediatrics, Columbia University College of Physicians and Surgeons, New York, NY; Developmental and Behavioral Pediatrician, Morgan Stanley Children's Hospital of New York Presbyterian Hospital, New York, NY and Brooklyn Hospital Center, Brooklyn, NY; Course Director SDBP Pediatric Clinical Hypnosis Workshops (1987-2009)

### **MELANIE A. GOLD, DO, DABMA, DMQ**

#### ***Senior Faculty***

Medical Director, School Based Health Centers, Professor of Pediatrics & Family Health, Columbia University Medical Center, New York Presbyterian Hospital, New York, NY

### **HOWARD HALL, PhD, PSYD, BCB**

#### ***Senior Faculty***

Professor of Pediatrics, Psychiatry, and Psychological Sciences, UH Cleveland Medical Center, Rainbow Babies & Children's Hospital, Division of Developmental/Behavioral Pediatrics & Psychology Cleveland, OH; Board Certified in Biofeedback (BCB); Approved Consultant, ASCH

### **PAMELA KAISER, PhD, CPNP, CNS\***

#### ***Senior Faculty***

Co-Founder and Co-Director, National Pediatric Hypnosis Training Institute; Former Associate Clinical Professor, Developmental-Behavioral Pediatrics, University of California, San Francisco, CA; Former Director: Anxiety, Stress, and Health Clinic, Palo Alto, CA; Clinical Child & Adolescent Psychologist; Certified Pediatric Nurse Practitioner; Pediatric Clinical Nurse Specialist; Past Executive Council Member, Faculty, & Approved Consultant, ASCH

### **REBECCA KAJANDER, CPNP, MPH**

Facilitator, Teen Resilience Program, Minneapolis, MN. Former PNP with Noran Neurological Clinic, Minneapolis, MN; Former Department Chair and Clinical Practice Director, Alexander Center for Child Development and Behavior, Park Nicollet Clinic, St. Louis Park, MN; Former Adjunct Faculty Developmental-Behavior Pediatrics, Department of Pediatrics, University of Minnesota Medical School; Instructor, School of Nursing, University of Minnesota, Minneapolis, MN; Faculty, MSCH

### **ADAM KEATING, MD, FAAP**

General Pediatrician, Section Head, Community Pediatrics, Cleveland Clinic Children's, Wooster, OH; Medical Director, Longbrake Student Wellness Center, College of Wooster; Clinical Assistant Professor of Pediatrics, Cleveland Clinic Lerner College of Medicine; Clinical Associate Professor of Pediatrics Ohio University Heritage College of Osteopathic Medicine; Approved Consultant, ASCH

# 2017 HOST WORKSHOP FACULTY AND GROUP FACILITATORS

**DANIEL P. KOHEN, MD, FAAP, ABMH\***  
*Senior Faculty*

Co-Founder and Co-Director, National Pediatric Hypnosis Training Institute; Developmental-Behavioral Pediatrics, Medical Hypnosis & Self-Regulation, Partners-in-Healing of Minneapolis, Minnetonka, MN; Former Director: Developmental-Behavioral Pediatrics and Professor, Departments of Pediatrics and Family Medicine and Community Health, University of Minnesota (retired); Former Director of Education and Training, Minnesota Society of Clinical Hypnosis (MSCH); Past President, MSCH; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, and Approved Consultant, ASCH; Fellow, SCEH

**HARRIET KOHEN, MA, MSW, CPT**

Therapist, Partners-in-Healing of Minneapolis; Past-President, MN Society for Clinical Social Work; Credential Chair, International Federation of Bibliotherapy; Faculty, MSCH

**LEORA KUTTNER, PhD\***  
*Highlighted Senior Faculty*

Clinical Psychologist and Clinical Professor of Pediatrics, University of British Columbia and British Columbia Children's Hospital, Vancouver, Canada; Vice-President, Canadian Society of Clinical Hypnosis (BC Division); International Hypnosis Society; Scientific Planning Committee for Montreal Conf. 2018; Approved Consultant, ASCH

**JEFF LAZARUS, MD, FAAP**

Former Associate Clinical Professor of Pediatrics, Rainbow Babies and Children's Hospital, Case Western Reserve School of Medicine; Pediatric hypnosis private practice, Menlo Park, California; Former pediatric private practice, Cleveland, Ohio; Approved Consultant, ASCH

**LISA LOMBARD, PhD**

Clinical & Consulting Psychologist in Private Practice and at the Frances Xavier Warde School, Chicago IL; President, Chicago Society of Clinical Hypnosis; Former Associate Professor of Clinical Psychology (Child and Adolescent Track), Chicago School of Professional Psychology; Former Coordinator, Cognitive Assessment Clinic, George Mason University, Fairfax, VA; Clinical Section Head, Illinois Psychological Association; 2017 Introductory Workshop Co-Chair, Society for Clinical and Experimental Hypnosis; Approved Consultant, ASCH

**KAREN OLNESS, MD, FAAP, ABMH**  
*Senior Faculty*

Professor Emerita of Pediatrics, Global Health & Diseases, Case Western Reserve University, Cleveland, OH; Diplomate and Past President, American Board of Medical Hypnosis; Past President, ASCH, SCEH and International Society of Hypnosis; Fellow, ASCH, SCEH

**ROBERT PENDERGRAST, MD, MPH, FAAP**

Professor of Pediatrics, Medical College of Georgia, Georgia Regents University; Director, Adolescent Medicine, Children's Hospital of Georgia, Augusta, GA; Aiken-Augusta Holistic Health, North Augusta, SC; Approved Consultant, ASCH

**EILEEN POULIN, MD, FAAP**

Pediatric Faculty, Tufts University School of Medicine, Maine Medical Partners Pediatric Clinic at Maine Medical Center, Portland, Maine; Maine Pediatric Hypnosis (Private Practice), Falmouth, Maine; Certified, ASCH

**TERESA QUINN, MD, FAAP, ABMH**

Assistant Professor, University of Minnesota; Methodist Hospital Family Medicine Residency, CAQ Geriatrics; Approved Consultant, ABMH, ASCH

**LYNDA RICHTSMEIER CYR, PhD, LP**

Clinical Psychologist, Private Practice, Minneapolis, MN; Associate Clinical Director, The Center for Mind-Body Medicine; Clinical Associate, Teen Resilience Program; Former Clinical Instructor of Pediatrics, University of Minnesota; Former Clinical Lead and Program Manager, Integrative Medicine Program at Children's Hospitals and Clinics of Minnesota

**LAURENCE I. SUGARMAN, MD, FAAP, ABMH**  
*Senior Faculty*

Research Professor and Director, Center for Applied Psychophysiology and Self-regulation, Institute and College of Health Sciences and Technology, Rochester Institute of Technology; Clinical Professor in Pediatrics, University of Rochester; Behavioral Pediatrician, Easter Seals Diagnostic and Treatment Center, Rochester, NY; Past President, American Board of Medical Hypnosis; Past Vice-President, Fellow, Approved Consultant, ASCH

**JODY THOMAS, PhD**

Clinical Psychologist, Private Practice in Denver, Colorado; Former Associate Professor, Department of Anesthesia, Stanford University School of Medicine; Former founding Clinical Director, Pediatric Pain Rehabilitation Program at Stanford Children's Health; Member, ASCH

**MARK B. WEISBERG, PhD, ABPP, LP**

Clinical Health Psychologist, Diplomate in Health Psychology; Listed, National Register of Health Service Providers in Psychology; Independent Practice, Minneapolis, MN; Fellow, American Psychological Association; Past President, MSCH; Fellow, Past Vice President, Past Secretary, Approved Consultant, ASCH

**ELAINE WYNNE, MA**

Licensed Psychologist, Circle of Cranes Psychology Center, LLC, Golden Valley, MN; Professional Storyteller, President, Veteran Resilience Project; Faculty, MSCH; Approved Consultant, ASCH

\* *Denotes Planning Committee Member*

# REGISTRATION FORM

## Pediatric Clinical Hypnosis Introductory Workshop ONLY\*

For Intermediate registration go to: <https://tinyurl.com/nphti2017>

For Advanced registration go to: <https://tinyurl.com/nphti2017>

### October 19-21, 2017

Please type or print clearly. A name badge and statement of participation are generated from this form.

Name \_\_\_\_\_

Affiliation \_\_\_\_\_

Department \_\_\_\_\_

Address  HOME  OFFICE \_\_\_\_\_

Mail Stop \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Office Telephone Number \_\_\_\_\_

Email \_\_\_\_\_

Receipts, confirmations, and driving directions are now emailed from our office. Please include your email address and print clearly.

Degree  MD  DO  PhD  PsyD  MA/MS  LMFT  NP  CNS  RN  Other

Specialty:  General Pediatric Practice: \_\_\_\_\_  Pediatrics / Subspecialty: \_\_\_\_\_  
 Marriage/Family/Therapy / Subspecialty: \_\_\_\_\_  Family Medicine / Subspecialty: \_\_\_\_\_  
 Social Work / Subspecialty: \_\_\_\_\_  Psychiatry / Subspecialty: \_\_\_\_\_  
 Education / Subspecialty: \_\_\_\_\_  Psychology / Subspecialty: \_\_\_\_\_  
 General Surgery / Subspecialty: \_\_\_\_\_  Nursing / Subspecialty: \_\_\_\_\_  
 Other: \_\_\_\_\_  MPH  MSW/ACSW  LCSW  LMSW  
 CCLS  DDS/DMD  OT  PT

Licensed in Profession \_\_\_\_\_ (Required) License # \_\_\_\_\_ State \_\_\_\_\_

Students, Interns, Residents, Fellows (Must include letter from school and clinical program documenting current enrollment toward a clinical license): \_\_\_\_\_

## REGISTRATION FEES

	Kick-off March 1 – June 30	Early Bird July 1 - September 10	Regular After September 10
Introductory Workshop	\$865	\$950	\$1,000
MSCH Member	\$795	\$875	\$925
Children's Hospitals and Clinics of MN Faculty/Staff	\$795	\$875	\$925
University of MN Faculty/Staff	\$795	\$875	\$925
Graduate Student/Intern/Resident/Fellow/Trainee	\$599	\$675	\$715

### Group Registration

A minimum of 3 registrants from the same organization is required for a group discount of \$20 per person to be deducted from the corresponding registration fees listed above. Submit all registrations together with one check payment. Online group registrations must be received within two business days. NO refunds will be issued if a person from a group has to cancel or does not show up at the conference. Normal refund policy applies for complete group cancellations.

### Special Needs

Special needs such as dietary restrictions, lactation room, etc. should be requested in advance; requests cannot always be honored onsite.

**PLEASE NOTE: A SIGNED ACKNOWLEDGEMENT AND RELEASE FORM MUST ACCOMPANY YOUR REGISTRATION.**

**TO REGISTER** - Register online with Visa, MasterCard, or American Express. Go to <https://tinyurl.com/nphti2017>

**QUESTIONS:** For any questions relating to registration, please contact [NPHTI@iplanitmeetings.com](mailto:NPHTI@iplanitmeetings.com) or call 1-800-781-1193, ext. 601 between 8 am-5 pm Mountain Time.

**CANCELLATION POLICY** - In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on September 23, 2017. No refunds will be made after this date.



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

## ACKNOWLEDGMENT AND RELEASE

**NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE  
MINNESOTA SOCIETY OF CLINICAL HYPNOSIS  
DEPARTMENT OF PEDIATRICS, UNIVERSITY OF MINNESOTA  
FAIRVIEW HEALTH SERVICES**

Name of Workshop: **National Pediatric Hypnosis Training Institute (NPHTI)  
Annual Skill Development Workshops in Pediatric Clinical Hypnosis**

Dates: **October 19-21, 2017**

Location: **Crowne Plaza Minneapolis West  
3131 Campus Drive  
Plymouth, MN 55441**

The undersigned acknowledges that he/she has volunteered to participate in a workshop in which he/she engages in a hypnotic state ("trance"), and that workshop participants and faculty will be present during this/these session(s).

The undersigned does not have any medical or mental health problems or other special conditions that might interfere with their participation, except as have been disclosed to faculty members.

Because this is a Skills Development Workshop, all participants are expected to attend the **ENTIRE** workshop and participate in experiential activities, including trance experiences. Exceptions are not permitted.

The undersigned understands that Continuing Education Certificates are distributed at the completion of the workshop: *please plan your travel accordingly*. In addition, an optional (for purchase) pre-ordered **Certificate of Participation**, (suitable for framing) is provided only to those attending the FULL program and must be picked up at the conclusion of the workshop.

The undersigned acknowledges that NPHTI reserves the right to withdraw from participation in the training workshop any clinician whose behavior significantly interferes with the group's learning process, or is disrespectful and/or offensive to colleagues and/or faculty.

The undersigned agrees to hold harmless the NPHTI, MSCH, and the University of Minnesota Department of Pediatrics and Fairview Health Services their employees and members, the faculty and other participants in the above described workshop, and indemnify them from and against any and all claims, damages, and costs arising from the undersigned's participation in the above described workshop.

---

Printed Name

---

Signature

---

Date

**NOTE:** All participants are expected to attend the entire workshop and participate in experiential activities, including trance experiences. [Exceptions are not permitted. Participant Certificates are provided only to those attending the FULL program, and available at the conclusion of the Workshops on the third afternoon.](#)



**Pediatric Clinical Hypnosis  
Skill Development Workshops 2017**  
*presented by*

**NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE**

**October 19-21, 2017**

**Crowne Plaza Minneapolis West  
3131 Campus Drive  
Plymouth, MN 55441**

**WEB SITES**

[www.nphti.org](http://www.nphti.org)

For more information about the National Pediatric Hypnosis Training Institute

[www.med.umn.edu/peds/dogpah/education/devbehavior/](http://www.med.umn.edu/peds/dogpah/education/devbehavior/)

For more information about the University of Minnesota Developmental-Behavioral Pediatrics Program.

[www.mschn.org](http://www.mschn.org)

For more information about the Minnesota Society of Clinical Hypnosis