

# INFORMATION ABOUT HIV AND COVID-19

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Here are some resources compiled by the Children's Minnesota HIV care team about COVID-19 (also known as Novel Coronavirus) and HIV. Information about COVID-19 is changing rapidly. For the latest information, visit the following websites:

- [Children's Minnesota](#)
- [Minnesota Department of Health \(MDH\)](#)
- [Centers for Disease Control and Prevention \(CDC\)](#)
- [Coronavirus.gov](#)
- [World Health Organization \(WHO\)](#)
- [National Institutes of Health \(NIH\)](#)

For information specific to HIV and COVID-19 reference the following resources:

- Centers for Disease Control and Prevention (CDC) – [What to know about HIV and COVID-19](#)
- [HIV Fact Sheet](#) – includes information from Minnesota HIV care providers, including recommendations from the CDC and other reputable sources about HIV and COVID-19.

When caring for your child at home, you can be more prepared by following these tips.

- Practice social distancing and proper hand hygiene, and stay up-to-date on the latest safety recommendations from the CDC.
  - Stay up-to-date on all immunizations, including influenza and pneumococcal vaccines.
  - Have at least a 30-day supply—and ideally a 90-day supply—of antiretroviral (ARV) drugs and other medications.
  - Talk to your pharmacist and/or healthcare provider about changing to mail order delivery of medications when possible.
  - Talk to your medical provider about telephone or virtual visits (telehealth) in place of in-person visits for HIV related care during this time.
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- Talk to your medical provider about postponing scheduled HIV related clinic and laboratory visits if your HIV disease is stable and you take your medications daily.
- Have phone numbers of your healthcare team, pharmacy and insurance provider readily available.

Please contact your Children's Minnesota HIV healthcare team if you have questions related to your HIV disease.