Children's Minnesota
The Kid Experts™

WE ARE CHILDREN'S MINNESOTA

ANNUAL REPORT 2022

> We had a lot to be proud of in 2022. We reached some major milestones, and we met some major challenges. Through it all, our kid experts went above and beyond, providing outstanding care for children in our community.

Mary H. Guardado, MD, MBA
President and Chief Executive Officer
Children's Minnesota

Children's Minnesota Hospital Board | Children's Minnesota Foundation Board

Numbers and news

Our 2022 numbers are a brief glimpse of the big impact Children's Minnesota has on our community. From patient visits to community support to volunteer hours, these stats capture the cumulative effort our kid experts had in 2022 working with, and for, our patients and their families.

170,232 TOTAL PATIENTS — TWICE ARCTIC FOXES CAN HOWL

21,257 SURGICAL PROCEDURES

92,163 EMERGENCY DEPARTMENT VISITS

One of the largest freestanding pediatric health systems in the United States, Children's Minnesota has two hospitals, nine primary care clinics, six rehabilitation sites and nine specialty care sites.

381,810 OUTPATIENT VISITS

68 LANGUAGES INTERPRETED

20,162 Days in the intensive care unit

27,181 DENTAL VISITS

The following services would not be provided without the generosity of donors:

8,804 FAMILIES SERVED AT THE ARCHDEE EMT

6,674 BOOKS GIFTED TO FAMILIES

40,320 MEAL VOUCHERS DISTRIBUTED

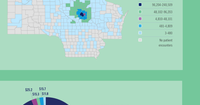
27,062 CHILD LIFE INTERACTIONS

4,943 FAMILIES TO SLEEP OVERNIGHTS

2,128 FOR FOODS CALLS FROM FOSTER HOMES

2022 Year in review

We care for kids from across the Upper Midwest, drawing patients from Minnesota, Wisconsin, Iowa, North Dakota, South Dakota and beyond.



Advancing pediatric care

Children's Minnesota "angels" help TJ with a new heart

Children's Minnesota cares for more pediatric patients than any other hospital in Minnesota. Our kid experts have performed a few hundred transplants since 2018. In July 2022, our heart transplant team helped a 17-year-old TJ get a new heart. TJ had a rare condition called restrictive cardiomyopathy and was in the hospital for 3 months. He was finally being only 90 lbs was discharged and back at home with his family. 10 days after receiving his new heart, he was back in the hospital. The heart team was with the transplant's excellent results. "They've taught us the operating room," Alexiles said. "I can't thank them enough."

Baby Stella makes history

The Midwest Fetal Care Center (MFCFC), a collaboration between Allina Health and Children's Minnesota, provides the most advanced, comprehensive care for fetal patients in the northern, Dakota and Jeffers Journal this forehead when MFCFC surgeons and experts from the Fetal Treatment Program performed the first endoscopic fetoscopic tracheal occlusion (FETO) procedure on Stella baby. Stella, while she was still in her mom's belly, underwent a procedure at Stella in Minnesota, using "arrow" surgical instruments to repair Stella's spina bifida. In October 2022, Stella celebrated her second birthday. "This surgery is definitely a miracle," Bryce said.

Read Stella's story.

Mayo staff hospital Stella

Unique program gives precious time to premie and his terminally ill dad

The Children's Minnesota Neonatology Program has a unique program for families whose baby has been in a neonatal care. Bryce Sally Gaston had. It gave them precious time with their premature. Pam was living in the NICU. He had Rett syndrome, pancreatic cancer and was too ill to leave the hospital. Pam was pregnant, at from neonatal nurses. Pam was discharged from the NICU sooner, and reoriented to her home. Bryce was discharged from the hospital and then together for about four weeks. "Pam got to be home with his dad before he died," said Nicole Gaston, Amanda. "I can't possibly be taken at a loss."

Watch Pam's story.

Meeting young people's mental health needs

Our 2021 Minnesota Student Survey uncovered alarming news: unprecedented numbers of young people are struggling with their mental health. In 2021, Children's Minnesota saw a 30% rise in mental health emergency visits. In response, in the growing need for mental health care, in 2022, Children's Minnesota significantly expanded its mental health services, including adding a new unit at our St. Paul hospital that can serve as many as 1,000 kids a year. The inpatient unit complements our existing mental health outpatient units in Lakeville and Roseville. Children's Minnesota now offers a continuum of mental health care to serve kids with a range of needs.

Award-winning pediatric care

Children's Minnesota invested national and local honors in 2022. Our kid experts earned the top score in the Women Rights Campaign Foundation's Healthcare Equality Index, for the first time becoming an "HRC Healthcare Equality Leader." *The Mayo Clinic* – Children's Minnesota Cardiovascular Collaborative ranked as a Best Children's Hospital for 2022-2023 U. S. News & World Report in cardiology and heart surgery. These programs were also ranked in the top 50: pulmonology and lung surgery, and nephrology, a first program with a ranking in the top 50. Our Mayo Clinic-Children's Minnesota Cancer Collaborative ranked in pediatric cancer care. Our kid experts also ranked in the top 50 in pediatric rheumatology. Our kid experts earned the Gold Seal of Approval from the Joint Commission, the gold standard for pediatric care. Our Mayo Clinic-Children's Minnesota Cardiovascular Collaborative ranked as a Best Children's Hospital for 2022-2023 U. S. News & World Report in cardiology and heart surgery. These programs were also ranked in the top 50: pulmonology and lung surgery, and nephrology, a first program with a ranking in the top 50. Our Mayo Clinic-Children's Minnesota Cancer Collaborative ranked in pediatric cancer care. Our kid experts also ranked in the top 50 in pediatric rheumatology. Our kid experts earned the Gold Seal of Approval from the Joint Commission, the gold standard for pediatric care. Our Mayo Clinic-Children's Minnesota's top hospital for children and Mpls St.Paul Magazine recognized 175 of our physicians as "Top Docters.

Spotlight on amazing

Neil

Cancer and Blood Disorders, Cardiovascular

Neil had already fought two bouts of leukemia when the harbinger of a new health challenge: she would need a heart transplant. A few weeks after Neil's second bout with leukemia, she underwent a transplant for a girl's Monarch birthday, both pt the call that would save her life. Children's Minnesota surgeons were ready to give her a new heart. A few weeks after Neil's second bout with leukemia, she underwent a transplant for a girl's Monarch birthday, both pt the call that would save her life. Children's Minnesota surgeons were ready to give her a new heart. A few weeks after Neil's second bout with leukemia, she underwent a transplant for a girl's Monarch birthday, both pt the call that would save her life. Children's Minnesota surgeons were ready to give her a new heart. A few weeks after Neil's second bout with leukemia, she underwent a transplant for a girl's Monarch birthday, both pt the call that would save her life. Children's Minnesota surgeons were ready to give her a new heart. A few weeks after Neil's second bout with leukemia, she underwent a transplant for a girl's Monarch birthday, both pt the call that would save her life. Children's Minnesota surgeons were ready to give her a new heart. A

Read Neil's story.

Hudson

Neurosciences

Hudson's seizure disorder was lasting up to 50 minutes a day and medications stopped working. Luckily, he lives close to world-class care. Children's Minnesota and Minnesota Epilepsy Group made up a level 4 epilepsy center, offering the highest level of diagnosis and treatment for little with epilepsy. Doctors discovered Hudson has a rare genetic condition called tuberous sclerosis complex, which causes benign brain tumors. Immediately after surgery in the fall of 2022, Hudson's parents noticed positive changes in his learning and development. "We're seeing huge improvements," said his mom, Melissa.

Watch Hudson's story

Alyssa

Cardiovascular

Alyssa's parents wanted the best care for their daughter when they learned, shortly after she was born, that she had Down's Syndrome as well as a heart defect. They found the care they were searching for at Children's Minnesota, where two heart surgeons, Alyssa is now a healthy six-year-old who dances her dad's love of music. Alyssa was born with a heart condition called atrioventricular septal defect, which occurs among about 50 out of every 10,000 babies. Alyssa's parents wanted people to know the whole story though because the end is really good."

Watch Alyssa's story

Finn

Cancer and Blood Disorders

Finn's parents expected a new and supportive form of kidney cancer will hopefully help other kids. Finn was the first Children's Minnesota patient to undergo a clinical trial for Wilms tumor. It involved chemotherapy and a kind of immunotherapy called a "vaccine." Finn's son of Children's Minnesota. Finn's mom, Ivy, was Finn's case for attitude, playing with his little brother Sully and building friendships with Children's Minnesota staff of Independ.ents power through the tough times. "Children's was like second home over the last year," Ivy said. "We are forever grateful for the care provided to him as well as us."

Watch Finn's story

Donor listing

As a charitable organization, Children's Minnesota relies on financial donations to help us improve kids' health and enhance the patient care experience. We are deeply grateful to all our donors. Their passion and commitment help us provide the care we do for kids.

> Donors make Children's Minnesota the vibrant health system it is today. Thank you to our incredible community of donors who support all kids and families who come here for care. Because of you, no child is turned away, regardless of a family's ability to pay.

Jennifer L. Soderholm
SVP and Chief Development Officer
President, Children's Minnesota Foundation

The lists below recognize our donors from 2022 and highlight just a few of the thousands of generous contributors who show their support each year.

Search for a donor name

- CONSULATIVE STATING FOUNDATION (SIMON)
- CIRCLE OF GIVING (SIMON)
- CHAIRMAN CIRCLE (SIMON)
- CHAIRMAN'S

Donor spotlights

United Health Foundation supports underserved youth

The United Health Foundation and Children's Minnesota partnership has been a million great partnership to address pediatric disparities related to asthma, vaccinations and mental health. The partnership includes the Great Start. The organizations collaborate to

Richard M. Schulze Family Foundation leads the way in innovative neurosurgical care

The Richard M. Schulze Family Foundation's is a collaborative gift helped Children's Minnesota open the first Hero room, pediatric neurosurgical suite in North America. The suite

responsive health interventions. It will be developed with Children's Minnesota's Collective for Community Health, which is focused on improving community health and advancing health equity.

"Together with Children's Minnesota and other community partners, the United Health Foundation is committed to reducing health disparities, increasing access to care and improving outcomes for underserved children and their families," said Victor Fields, chief executive officer of UnitedHealthcare Community Plan of Minnesota. "We are honored to partner with Children's Minnesota to address the essential health care needs of families in our communities."

features an intraoperative magnetic resonance imaging (iMRI) machine which has both moving-scanner and moving-patient technology in the same surgical space. This innovation will dramatically improve surgical outcomes for the children we serve.

"Our foundation is honored to support Children's Minnesota as they pioneer new ways — both technologically and clinically — to care for children across our region," said Mark Dienhart, president and CEO of the Richard M. Schulze Family Foundation. "Part of our foundation's mission is to strengthen and support effective initiatives in health care that benefit all; this iMRI suite is now an important part of our mission."

Along with their initial $4 million donation, the Richard M. Schulze Family Foundation is sponsoring a $1.5 million matching challenge throughout 2023. If the community gives $1.5 million exclusively to this challenge, the Richard M. Schulze Family Foundation will match it, bringing the total to $7 million in support of the iMRI suite and the neurosciences program at Children's Minnesota.

Frankenfields' $1 million gift for in-patient mental health care

With a generous gift from Marissa and Greg Frankenfield's family foundation, Children's Minnesota opened its new inpatient mental health unit in November 2022, prepared to serve 1,000 kids annually from ages 6-18. Their gift was the first principal commitment to this initiative, part of a $10 million community effort toward a $40 million overall investment in the mental health program at Children's Minnesota. The Frankenfields are long-time supporters of Children's Minnesota, and Greg is a former member of the Children's Minnesota Foundation Board.

"We've gone through our own mental health crisis in our family so we knew how it felt to kind of wander around, looking for a place for our children," Marissa said. The kids-first care at Children's Minnesota was inspired by parent advocates who questioned why parents could spend the night with children receiving care for cancer but not for mental health.

The unit's design allows separate areas for children and adolescents, and is the only facility in the Upper Midwest that serves kids as young as six years old.

The new unit provides specialized care in a healing, compassionate environment, with a design focused on natural light and calming, sensory-friendly spaces. The large private rooms were designed for a parent or guardian to stay overnight with their child, a feature not found in most pediatric mental health units. "These people have thought through everything," Greg noted at the unit opening.

Maddy's family raises funds to support the caregiving she received

In 2021, Maddy was diagnosed with restrictive cardiomyopathy, a condition that made it harder for her heart to fill with blood between heartbeats. At first, Maddy was cared for at the Mayo Clinic in Rochester, where doctors initially determined she needed a heart transplant. After a couple weeks, the family asked for her to be transferred to Children's Minnesota to be closer to their home in Buffalo, Minnesota, and so Maddy could be cared for and treated at a hospital focused exclusively on kids.

Maddy received a heart transplant at Children's Minnesota in August of 2022. When she got home, she and her family wanted to do something special for her physical therapy team, which made her feel special while she was getting care. Maddy's grandma held a garage sale to fundraise and they were able to donate $1,000 to help other kids just like Maddy.

Minnesota Wild's Ryan Hartman inspires community giving

When Minnesota Wild player Ryan Hartman was fined for unsportsmanlike conduct for passionately defending a teammate, a fan found his Venmo account and began crowdfunding to cover the $4,250 fine. The star athlete responded by telling fans that he would pay the fine with his own money and donate all funds to Children's Minnesota, inspiring the community to do even more. More than $39,000 was raised for our Urgent Needs program, which covers meaningful activities like art therapy, patient birthday parties and support for families. Additionally, t-shirts made of the incident resulted in another $60,000 in donations.

Top corporate donors of 2022

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Support Children's Minnesota

GIVE NOW

Help us raise 'em up. Children's Minnesota is building a better future for all kids — but we can't do it without you. Please give today. So every child can reach their best health.

$25 | $100 | $250 | Other

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Find a primary or specialty care clinic location to request an appointment. Find your location »

Refer a patient

For 24/7 referral, admission and transport assistance. Call 866-755-2121

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