# WELCOME

to Children's Minnesota St. Paul campus

Bienvenidos

Tanyan yahipi

Zoo siab txais tos

مرحب به

Soo dhawoow

Children's

The Kid Experts™

# WELCOME TO CHILDREN'S MINNESOTA

# Interpreter services

Children's Minnesota offers interpreter services for all languages to assist patients and their families. To provide the best possible care for all our patients, in-person and phone interpreters are available 24 hours a day, seven days a week and are free of charge. Please let your nurse know if you need an interpreter.

#### Spanish

Children's Minnesota ofrece servicios de interpretación en todos los idiomas a sus pacientes y sus familias. Para proporcionarles la mejor atención posible, nuestros intérpretes están disponibles, por teléfono y en persona, las 24 horas del día, los siete días de la semana y sin costo alguno. Hágale saber a su enfermera(o) si usted necesita intérprete. Para recibir ayuda inmediata, marque a nuestra línea directa de intérpretes de español al 612-813-7500.

#### Somali

Isbitaalku wuxuu idiin diyaariyay turjubaano luuqad kasta ah.oo caawinaya bukaanada iyo qoysaskooda. Si aan u siino daryeelka ugu fiican dhamaan bukaanadayada, waxaa idiin diyaar ah turjubaano bilaash ah, 24 saac maalintii, todobada maalmood, haddii uu joogo qofku ama taleefan lagula hadlayo. Fadlan u sheeg kalkaaliyaasha haddii aad u baahantahay turjubaan. Wac laynka taleefanka qoysaska Somaalida oo ah 612-813-2020, si aad u heshid mucaawino deg deg ah.

#### Hmong

Tsev Kho Mob Me Nyuam Yaus muaj neeg txhais lus rau tag nrho txhua yam lus pab rau cov neeg mob thiab lawv cov tsev neeg. Muab qhov kev pab tu kho kom zoo tshaj plaws rau cov neeg mob, neeg txhais lus sib fim ntsej muag thiab hauv xov tooj muaj nyob rau 24 teev ib hnub xya hnub ib lub lim tiam thiab tsis tsub nqi li. Thov hais qhia rau koj tus neeg tu mob paub yog koj xav tau ib tug neeg txhais lus.

#### Deaf or hard of hearing

If you are deaf or hard of hearing, please let us know. We provide many free services, including sign language interpreters, video interpreters, note takers, written materials and other services. We also provide these free services to parents and guardians of our patients. Ask us for help or contact the Deaf and Hard of Hearing Communication Coordinator at 612-813-5826 (voice/TTY).

Welcome to Children's Minnesota. Here, children and their families come first. All of our services and programs are designed to address children's medical, physical and emotional needs.

This booklet will help you and your child prepare for your visit and find your way around Children's Minnesota St. Paul campus. Knowing what to expect, whom you'll meet, and where to find things can reduce the anxiety that sometimes accompanies a hospital stay.

**For additional information about your visit,** dial "0" from any hospital phone, call our staff at the Great Clips Family Resource Center at 612-813-6816, or visit us online at **childrensMN.org.** 

# Masks required

Masks are still required in health care facilities. Everyone must wear a mask, even if you are vaccinated against COVID-19.

# Do you have your ID badge?

You will need to receive a new visitor badge each day you visit. Please be prepared to bring a photo ID (driver's license, state ID, etc.). If you do not have a badge, please go to the Welcome Center where staff will create one for you. Please wear your badge above your waist where it is visible. Thank you for your help to keep patients safe.

# **Visitor code**

All inpatient families at Children's Minnesota are asked to create a visitor code that lets us know who is permitted to visit your child. For more details, see page 9.

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WHILE YOU ARE HERE



# **Parking**

There are three parking ramps located on Children's Minnesota St. Paul campus. Each ramp is either connected to Children's or accessible by skyway.

#### **Red Ramp**

The Red Ramp is closest to the Children's Minnesota St. Paul campus main entrance and can be accessed through the Garden View Tower. The Red Ramp is accessible off Grand Avenue and North Smith Avenue.

#### **Green Ramp**

The Green Ramp is closest to the Ritchie Medical Plaza. When heading south on North Smith Avenue, the entrance to the Green Ramp is on the east side, right before you reach the hospital.

# **Blue Ramp**

When heading south on North Smith Avenue, the entrance to the Blue Ramp is on the east side, right before you reach the hospital.

Parking prices are posted at all ramp entrances and are subject to change. Detailed maps and locations of primary parking ramps are also available at the Welcome Center or from the unit operations coordinator.

# **Valet Parking**

Valet parking is available for patients and visitors, Monday – Friday from 8 a.m–10 p.m. and Saturday and Sunday from 10 a.m.–10 p.m. Price is \$6, or \$4 with a discount parking coupon (available at the Welcome Center).

#### **Discount Parking Coupons**

Individual discount parking coupons are available for patient families and their visitors at the Welcome Center. The discounted price is \$4 at the exit.

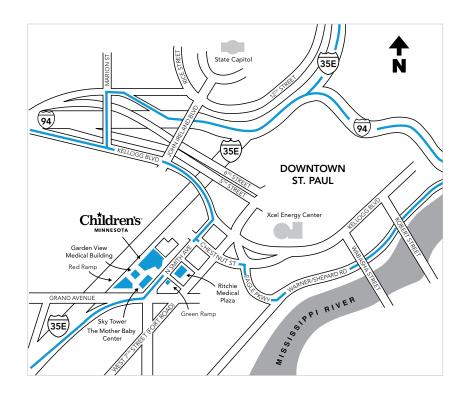
# Cashier

# 9–11 a.m., Monday – Friday

The cashier is located on first floor, near United Hospital's lobby.

# **Security**

Children's Minnesota promotes a safe and welcoming environment for our patients and families. Security is available to escort you between the hospital and parking facilities 24 hours a day. To request a security escort, call **651-220-8966.** 



# **Food options**

Here is a list of the Children's Minnesota food services that are open. Please visit **childrensMN.org** or ask your care team about the most current services, as things may change due to the COVID-19 pandemic.

Smith and Grand Café in Children's Minnesota St. Paul Hospital, 1st floor River Tower.

Ginkgo Coffee Bar and Deli in Children's Minnesota St. Paul hospital, 1st floor Garden View Tower.

**Vending machines** are located on 1st Floor, next to Smith & Grand Café, 1st floor near United Hospital cafeteria, 1st Floor Garden View Tower, and 3rd Floor Sky Tower.

#### **Visitors**

Parents are welcome to visit at all times. All other family and visitors should visit between the hours of 9 a.m. and 9 p.m. Please ask the staff at the Welcome Center for current visiting hours and guidelines as they can change.

To help create a safe and welcoming environment at Children's Minnesota, all adults (16 and older) must wear a photo ID badge while in the hospital. Visitor ID badges are issued only if the visitor is able to provide the patient's visitor code. The badges expire at the end of each day. Please stop at the Welcome Center to receive a badge for each day you will be visiting. All visiting children under the age of 16 are the responsibility of an adult member of the family and must be accompanied by an adult at all times.

Children's Minnesota will not deny visitation privileges based on race, religion, ethnicity, language, culture, size, gender, sexual orientation, gender identity or expression, socioeconomic status, physical or mental ability or disability.

# **Visitor code**

At Children's Minnesota, your health, safety and protection are important to us. All inpatient families are asked to create a visitor code that lets us know who is permitted to visit your child.

Once you have established the code, it is up to you to share it with family and friends who visit. Everyone who visits will be asked to provide the code when they check in at the Welcome Center to obtain a photo ID badge and only those who know the code will be allowed to enter the patient care area.

To set up a visitor code, a legal guardian should fill out the visitor code form at the Patient Registration office. You may also ask your child's nurse for the form. Completed forms can be returned to the front desk of your patient care unit, or faxed to Patient Registration at **651-220-7180**.

# **Health guidelines**

When visiting Children's Minnesota, all guests are screened for illness at the Welcome Center. Everyone is expected to wash their hands or use the alcohol hand sanitizer when visiting patients. See page 13 for more information about how to prevent the spread of germs.

All visitors must follow these preventative guidelines for the health and safety of all patients. If you have questions, please talk with your child's nurse or stop by the nurses' station before visiting.

- Parents or visitors who have symptoms of a contagious illness such as fever, cough, diarrhea or vomiting, or have been diagnosed with a contagious illness should not visit patients.
- Parents and visitors may be required to wear a mask while in the hospital.
- Anyone who has had a known exposure to an infectious disease (such as COVID-19, chickenpox, influenza, whooping cough, etc.) should talk with your nurse or doctor before visiting. A consult with the infection prevention team may be needed prior to visiting.
- If you have received the chicken pox vaccine in the last three weeks, please inform your child's nurse or doctor.

# **Confidentiality**

Children's Minnesota staff are trained to respect the confidentiality of all patients by not discussing medical and family issues with other patients and families. We ask that you also respect the privacy of other patients and their families by not discussing their medical care with others.

#### **Balloons**

Only Mylar balloons are allowed at Children's Minnesota. Latex balloons are not allowed because of the potential choking danger if balloons are chewed or swallowed by young children. Some children also have latex allergies.

# **Flowers**

Flowers may be restricted on some units. Please check with the nurse or unit operations coordinator on your child's unit.



#### Care conferences

A care conference is a collaborative meeting that brings together the patient and/or patient's family, nurses, physicians and other medical and non-medical professionals involved in delivering patient care. Any patient or family can request a care conference at any time. If you'd like to schedule a care conference, contact your social worker. To help make the care conference effective, write down questions and discuss them with the social worker ahead of time. Doing so will ensure that the correct people are in attendance to appropriately answer your questions.

# **Rapid Response Team**

If at any point you have concerns about your child's condition or care, please talk with your nurse or doctor. We are here to help you. If you are still concerned about your child's condition, call the Rapid Response Team at 4-3535 (from your room phone) or 952-931-3535. The Rapid Response Team is a medical emergency team that will arrive in about 15 minutes. The goal of Children's Minnesota is to provide the best possible care for your child. You and your family are our partners.

# Keeping your child safe

To help us keep your child safe while at Children's Minnesota, we need you to:

- Wash your hands and be sure all visitors do as well (see page 13).
- Cover your cough; cover your sneeze.
- Always keep your child's identification (ID) band on. Always wear your ID badge above your waist where it is visible.
- Follow the safe sleep practices (see page 14).
- Do not turn off alarms on your child's IV or any other piece of equipment.
- Keep the area on both sides of your child's crib or bed open to allow quick access for staff to reach your child, equipment and the computer.

- Anytime you lie on something hard, there is a chance you can develop a pressure sore. If your child will be lying in one spot for a while, remove any scalp braids, beads, hair binders, barrettes or extensions to prevent pressure sores.
- Patients must not leave the unit without first checking with the nurse.
- Ask a staff member if you have questions or concerns. If you don't understand, ask again.

# Prevent the spread of germs — WASH 'EM PROUD

Everyone carries germs and hand hygiene is required by all. To prevent germs from spreading, wash your hands with soap and warm water, or use the alcohol hand sanitizer found in each room:



- Before entering and after exiting a patient's room.
- Before and after touching your child.
- After you use the bathroom or change a diaper.

Please ask others if they have washed their hands each time they enter the room.

Staff at Children's Minnesota follow standard precautions for all patients. Standard precautions are designed to reduce the spread of germs. Occasionally, some patients require additional precautions, such as gowns, gloves or masks to protect your child or others. Your child's nurse will explain what those precautions entail.

# Why is an ID band needed?

All patients must wear an ID band at <u>all</u> times. It contains important information including your child's name, birth date, sex and medical record number. Even if staff know your child, they will always double-check the ID band to ensure your child receives the correct medicines, tests and treatments. The armband also alerts staff if your child has an allergy or is at risk for falling.

# What are safe sleep practices?

Safe sleep practices are strongly recommended by the American Academy of Pediatrics (AAP). Follow these practices unless the doctor gives other instructions because of your child's medical condition:

- All children should sleep on a firm mattress covered by a fitted sheet.
- All children who fall asleep outside of their bed should be returned to their bed to sleep. Please do this before you get tired and are ready to go to sleep.
- Keep soft materials, large quilts, toys and other objects out of the bed during naps and at night.
- Keep side rails up and latched whenever your child is in bed, unless you are providing care.

### For infants younger than one year:

- Put on their back to sleep. Babies who roll over can be allowed to do so. You do not need to roll them back.
- Keep the head of the crib flat.
- If using a blanket, put baby's feet at the foot of the bed to prevent slipping under it. Cover with a light, crib-size blanket only to the armpits, tucking it in at the bottom and sides.
- If you swaddle your baby with a blanket, wrap it no higher than the armpits. Overheating may decrease the breathing rate.
- A pacifier is okay when settling to sleep. When it falls out after your baby is asleep, leave it out.

# Healthy children birth to two years of age or less than 35 inches (89 cm):

- Need to sleep in cribs, with side rails up.
- In the hospital, if at risk of falling out of the crib, a bubble top cover may be used.

#### Children with special needs

Some children need more safety precautions to prevent falls. Depending on your child's age, size and special needs, a bubble top crib or mesh bed may be used in the hospital.

#### **Bed sharing**

Children younger than two years should not sleep with anyone else due to the risk of suffocation. This risk is even higher for children in the hospital. If bed sharing does occur while your child is in the hospital:

- Side rails must be up.
- A pulse oximeter will be used to monitor your child's breathing.

# Why do we need to use side rails?

Chances of falling out of bed increase when children are sick, taking medicine, or are in an unfamiliar place and in an unknown bed. Securely latched side rails play a key role in keeping your child safe. Ask a staff member to show you how the rails and latch work. Keep side rails up and make sure they are latched. No exceptions!

- If your child needs help to go to the bathroom, use the nurse call button.
- If your child can be out of bed, please watch closely.

# What should I do if my child's monitor is beeping?

Most medical equipment has an alarm, which helps staff make sure your child is safe. When the alarm sounds, it lets staff know that something needs to be checked. It is important to let the alarm beep; do not turn it off. If your child's nurse does not respond guickly, push the nurse call button.

#### **Questions?**

If you have any concerns or questions about your child's care, please ask a staff member. Remember, we are partners in your child's care.

# Patient rights and responsibilities

Every child and family has rights and responsibilities. The Minnesota Patients' Bill of Rights is posted on the wall throughout the hospital, in elevator banks and near the second floor Welcome Center, for your review. You may also ask your nurse or the front desk for a copy of any of these brochures: "Notice of Privacy Practices," "Patient Rights and Responsibilities" and "Patients' Bill of Rights." Family liaisons at Children's Minnesota can help answer any questions you may have. Contact them at 612-813-7393.

#### **Children's Comfort Promise**

We've made a promise to our patients — we call it Children's Comfort Promise. It means we will do everything possible to help prevent and treat pain. Evidence supports that if we follow four steps children will have less pain with needle procedures.

- 1. Numb the skin
- 2. Sugar water or breastfeeding (for babies 12 months or younger)
- 3. Comfort positioning
- 4. Distraction

To learn more about what is possible, go to childrensMN.org/comfortpromise.

# **Journey to Home**

At Children's Minnesota, we realize that knowing what to expect makes your hospital stay less stressful. We are here to help you through each step of the way. "Journey to Home" checklists are available for you to track important information that you need to know before going home. Use this checklist with your health team to track your progress. Ask your nurse if you did not receive one.

# **Family medical information forms**

Family medical information forms, designed by the Family Advisory Council, are available to help you organize and track your child's medical information as well as communicate information and instructions to your child's care providers. The forms are available online at **childrensMN.org/FamilyMedicalInformationForms**. You can complete these forms using your computer or you can print and complete them manually.

# **Bring it Bedside**

Families are a part of the care team. We encourage you to join Bring it Bedside, a nurse to nurse information sharing that occurs in the patient room at shift change times. Common shift change times include: 7 a.m., 3 p.m., 7 p.m., 11 p.m. Ask your nurse for more information.

# Patient/parent/legal guardian access to medical records

- While your child is in the hospital, your health care team should be the first source of information about the care being provided. They can help you understand treatment and medications.
- Children's Minnesota nurses can access a view in the electronic medical record called "Family/Patient Quick View."

  This is an online summary of information documented in the medical record. The Family/Patient Quick View is a good option to use while the nurse is updating you on your child's daily status.
- If your child is expected to be in the hospital for an extended period of time, you may also request your own access to the electronic medical record by contacting Health Information Management (HIM). HIM can help you navigate the electronic medical record and provide paper or electronic copies of any documents you need. Access to the online medical record is usually set up within an hour and is in place for one year.
- You can get copies of medical record documents by contacting Health Information Management (HIM), 612-813-6216.
- While your physician or nurse is reviewing information in the medical record with you, please ask any questions if you don't understand words or terms being used. They will be happy to help you understand the care your child is receiving. Interpreters are available to assist with these discussions.

# MyChildren's

MyChildren's is an online resource offered by Children's Minnesota to give you secure access to parts of your medical record on your computer or phone, including immediate access to lab results, immunizations and more.

To enroll in MyChildren's, ask the front desk staff in your clinic or the Patient Registration staff on an inpatient unit. You can also enroll remotely by calling health information management, **612-813-6216**. Patients under 18 must have their parent/legal guardian request a MyChildren's account. Visit **childrensMN.org/MyChildrens** for more information.

#### **Welcome Centers**

Welcome Centers are located on the first and second floors. You can also dial "0" from any phone in the hospital to reach an operator at any time. **Welcome Center staff can:** 

- Answer questions
- Issue photo ID badges
- Provide directions

- Offer information about family amenities
- Accept and deliver flowers and gifts for patients
- Connect you with hospital resources

# **Family Resource Center**

River Tower 3rd floor, Suite 3107 651-220-6368 | 9 a.m.-3 p.m., Monday - Friday

The Family Resource Center is available for business services, access to information about resources and amenities, snacks and beverages, and more.

# **Financial counseling**

You may be eligible for financial assistance if you are uninsured or having problems paying your bill.

Children's Minnesota offers:

- assistance in identifying additional insurance options.
- free care, or care at a substantial discount to uninsured individuals based on family income.

Phone: 612-813-6432, Fax: 612-813-6429

Mailing address: Children's Minnesota Financial Counseling

Mail Stop 17-750

2545 Chicago Avenue South Minneapolis, MN 55404

For in-person financial counseling help, please visit one of the welcome centers on the Minneapolis or St. Paul campus to get directions to the financial counseling office. Learn more at **childrensMN.org/financialmatters.** 

# **CaringBridge**

# caringbridge.org

CaringBridge is an internet service that helps parents create a personalized, secure webpage to stay in touch with friends and relatives through an online journal, photo album and guestbook. CaringBridge can also serve as a tool to let family and friends know your needs — from when you want visitors, to coordinating helpful tasks such as bringing a meal, taking care of pets and, more.

# **Children's Book Nook**

Books and magazines for patients of all ages are available at Children's Book Nook. Volunteers make bookwagon rounds to inpatient units. Families may also request books by calling the Family Resource Center at **651-220-6368**.

# **CHA Storyland Garden**

#### Accessible via Sky Tower 4th floor

The Children's Hospital Association (CHA) Storyland Garden is a 6,000-square-foot rooftop garden for patients, families and staff. The garden space features a labyrinth, tricycle/wagon path, rose bench and fountain, play sculptures and arbors. The garden is closed during the winter months.

#### **Child Life Zone**

#### River Tower 3rd floor, 651-220-9663

The Child Life Zone is a therapeutic play area inside the hospital where patients and their families can play, learn, laugh and relax. The Child Life Zone includes:

- Therapeutic craft and play area
- Sibling Drop-off Monday Friday; 10 a.m.–12:30 p.m.
- Media wall and gaming area

Hours may vary. Please call 651-220-9663 to confirm.

- Children's library
- Star Studio performance space

#### **MN Wild Teen Room**

#### Sky Tower 6th floor

The MN Wild Teen Room is specifically designed for teens. It features a MN Wild versus MN North Stars bubble hockey game, Xbox One and PS4 and a 120" projector screen to watch movies. There are also lots of board games, magazines and spaces for teens to sit and relax.

#### **Volunteer services**

Volunteers at Children's Minnesota are available to spend time and play with your child. Volunteers round on units to see where they are needed. You can also ask your nurse if you would like a volunteer to come to your child's room.

#### **Star Studio**

Star Studio is the in-house television studio at Children's Minnesota, offering programming for kids of all ages. From dual studios located at the Minneapolis and St. Paul campuses, a broad range of shows are thoughtfully prepared for viewing 24 hours a day. Patients and their families are invited to tune into Channel 13 on any hospital TV for a unique alternative to mainstream commercial broadcasting.

#### Live, interactive TV shows

In addition to pre-recorded programming, Star Studio produces live, interactive TV shows featuring games, music, art, special guests and more. Patients and families can play along and hear themselves on TV by dialing 5-5020 from any hospital phone during a live show. You are also welcome to join the live audience in the studio. Star Studio currently has over ten different live shows offering a variety of fun entertainment. You can find a schedule of our live shows posted throughout the hospital and on the Star Studio website at **childrensMNstarstudio.org**. After your stay, you are invited to continue to watch and play along through the Star Studio website.

# **Geek Squad®**

River Tower 3rd floor, 651-220-7010

Geek Squad® precincts at both the Minneapolis and St. Paul campuses provide consulting and service support to patients and families. Expert Geek Squad® agents are available to assist with computers, tablets, DVD players, gaming systems, cameras, cell phones and other consumer technology devices — with all services provided at no cost to patients and their immediate families.

# **Outpatient pharmacy**

1st floor between River Tower and Garden View Tower, 651-220-6944 Monday – Friday, 8 a.m.–6 p.m., Saturday – Sunday, 9 a.m.–2 p.m.

Children's Outpatient Pharmacy accepts most health plans. It offers over-the-counter medications and some medical products for purchase. Knowledgeable and experienced pharmacists are available to cater to the needs of your family. Visit them on the first floor between the hospital and the Garden View Tower.

# **Pumping and breastfeeding**

Children's Minnesota has private spaces where you can pump or breastfeed. Pumping and breastfeeding pods located at:

- Third floor of the Sky Tower, near the Surgery Center
- Second floor of the Garden View Tower, near the Welcome Center

# Spiritual care

Chaplains at Children's Minnesota support the special spiritual needs of patients and families. Chaplains, who specialize in pediatric hospital ministry, visit people from all faith traditions. They also can facilitate connections with your home clergy and faith community, or with local religious resources that match your faith and spiritual practice. Chaplains routinely visit patient care areas and can be contacted directly or through hospital staff. To contact an on-call chaplain, dial "0" from a Children's Minnesota phone and ask for the on-call chaplain.

# **Interfaith Chapel**

#### **River Tower 3rd floor**

The Interfaith Chapel is available for any family of any faith and spiritual practice. It is open seven days a week, 24 hours a day.

# Gift shop

United Hospital Gift Shop, 651-241-8186 | Located in the main lobby of United Hospital.

The gift shop sells stuffed animals, toys, flowers, balloons and much more. Online orders with free in-house delivery is available during limited hours. For additional information, contact the gift shop by email at unitedgiftshop@allina.com.

# Staying connected with Children's Minnesota

We want to keep you informed about what's happening around Children's. There are many ways you can stay connected with us to see our latest photos, videos, blogs and more.

Website: childrensMN.org

Facebook: facebook.com/childrensminnesota

Twitter: twitter.com/childrensmn

Mighty Blog: childrensMN.org/blog/kidshealth YouTube: youtube.com/childrensminnesota Instagram: instagram.com/childrensmn

#### **Foundation**

A representative from the Children's Minnesota Foundation may stop by your room during your visit. Interactions with Foundation representatives are intended as a way to share information about programs available to Children's Minnesota patients and families through the Foundation, and ways you can stay connected after your discharge. If you prefer not to be contacted by a Foundation representative or would like information about honoring your experience or caregiver, please call **952-992-5500** or email giving@childrensMN.org. To make a donation, visit **childrensMN.org/give**.

#### You can help improve the patient and family care experience.

We need your input to make the Children's Minnesota experience better for patients and families like you. Your insight is valuable — whether your family has received care in our primary care or specialty clinics, or you've spent time in the hospital. There are lots of ways to get involved through the Families as Partners program.

- Family Advisory Council (FAC) Diverse group of families who collaborate with staff to enhance the patient and family experience. FAC represents all Children's Minnesota families.
- Family-to-Family Program Mentor and support hospitalized patients and families.
- Family Advisors Represent the family perspective on committees, experience teams, facility design teams and focus groups.

- Family Speakers Bureau Share your family's story at special events and meetings.
- Families as Faculty Participate in sessions that provide patient- and family-centered care education for physicians, nurses and staff.
- Family Advocates Be an advocate for pediatric health policies.
- Youth Advisory Council Patients and siblings provide insight to improve the experience for children and teens.

Visit **childrensMN.org/familiesaspartners** to learn more. Questions? Please contact Tessa Billman, patient- and family-centered care coordinator, at 612-813-7407 or tessa.billman@childrensMN.org.

# We appreciate your feedback

Following your time at Children's Minnesota, you may receive a patient/family satisfaction survey. If you receive a survey, we encourage you to fill it out and send it back to us. Your feedback helps us recognize where improvements are needed and what we're already doing well. If you have feedback while you are here, talk with your clinic manager or the patient care manager on your child's unit.

# How to address concerns

At Children's Minnesota, we take great pride in the care we provide to our patients and their families. Whenever you have questions, concerns, comments or something that needs to be addressed immediately, the first person to talk with is your child's physician, nurse or another member of the health care team.

You may also talk with the following people:

#### • Manager or director

Your child's nurse or unit operations coordinator will help you contact him or her.

#### • Family liaison

612-813-7393 familyliaison@childrensMN.org

#### • Hospital nursing supervisor

For urgent matters during evening, overnight and weekend hours.

Minneapolis campus: 612-813-6833 St. Paul campus: 651-220-8460

#### Privacy officer

For concerns about your medical information privacy rights. All Children's Minnesota sites: 952-992-5470 or 1-866-225-3251 privacy.officer@childrensMN.org

#### • Social work department

For information or assistance about protective services for children or vulnerable adults.

Minneapolis campus: 612-813-6138 St. Paul campus: 651-220-6479

### Office of ethics

For consultation if you are facing difficult health care decisions.

All Children's Minnesota sites: 612-813-6169

ethics@childrensMN.org

You may also file a grievance with regulatory agencies:

# • Office of Health Facilities Complaints

P.O. Box 64970 St. Paul, MN 55164-0970 651-201-4201 or 800-369-7994 health.ohfc-complaints@state.mn.us

#### • Board of Medical Practice

2829 University Avenue SE, Suite 500 Minneapolis, MN 55414-3246 612-617-2130 or 800-657-3709

#### • The Joint Commission

Office of Quality and Patient Safety
The Joint Commission
One Renaissance Boulevard
Oakbrook Terrace, IL 60181
jointcommission.org

# Ombudsman for State Managed Health Care Programs

P.O. Box 64249 St. Paul, MN 55164-0249 651-431-2660 or 800-657-3729 dhs.state.mn.us/managedcareombudsman If you have concerns about your medical information privacy rights, you may contact:

#### • Office for Civil Rights

U.S. Department of Health and Human Services 233 N. Michigan Ave., Suite 240 Chicago, IL 60601 312-886-2359 or 800-368-1019 hhs.gov/ocr

# CHILDREN'S MINNESOTA LOCATIONS

childrensMN.org/locations-all



#### KEY

612-813-6000

- 1. Children's Minnesota Minneapolis Hospital, specialty and primary care clinics 2525 Chicago Avenue South Minneapolis, MN 55404
- 2. Children's Minnesota St. Paul Hospital, specialty and primary care clinics 345 North Smith Avenue St. Paul, MN 55102 651-220-6000
- 3. Woodbury Specialty Center
- 4. Roseville Rehabilitation Clinic
- 5. Minnetonka Specialty Center
- 6. Maple Grove Specialty Center
- 7. Lakeville Specialty Center
- 8 West St. Paul Clinic
- 9. Partners in Pediatrics St. Louis Park Clinic
- 10. Partners in Pediatrics Plymouth Clinic

- 11. Partners in Pediatrics Maple Grove Clinic
- 12. Partners in Pediatrics Rogers Clinic
- 13. Partners in Pediatrics Brooklyn Park Clinic
- 15. The Mother Baby Center at Abbott Northwestern
- 16. The Mother Baby Center at Mercy
- 17. The Mother Baby Center at United
- 18. Michael and Ann Ciresi Midwest Fetal Care Center
- Specialty center Primary care clinic
   The Mother Baby Center/Midwest Fetal Care Center

# FREQUENT TELEPHONE NUMBERS

Welcome Center/main line 651-220-6000 (or dial "0" from any Children's telephone)

Child Life 651-220-6465

Child Life Zone 651-220-9663

Children's Book Nook 651-220-6368

Deaf and Hard of Hearing Communication Coordinator 612-813-5826 (voice/TTY)

**Family Liaison** 612-813-7393

**Family Resource Center** 651-220-6368

Financial Counseling 612-813-6432

**Geek Squad** 651-220-7010 **Interpreter Services** 612-813-7600

Patient registration 612-813-7900

**Pharmacy** 651-220-6944

**United Hospital Gift Shop** 651-241-8186

**Room Service** 4-FOOD (4-3663) from a Children's phone

**Security Services** 651-241-8966

Social Work 651-220-6479

**Spiritual Care** 651-220-6369



For suggestions and comments, email welcome.booklet@childrensMN.org.