

CGM/INFUSION SET/POD TAPE TIPS

REINFORCE TAPING

| BRAND | WORKS FOR | WHERE TO FIND |
|----------------------|---|-----------------------------|
| Simpatch | Dexcom, Libre, Medtronic sensors, Omnipod | amazon.com |
| Skin Grip | Dexcom, Libre, Medtronic sensors, Omnipod, pump infusion sets | theskingrip.com |
| Grif Grips | Dexcom, Libre, Medtronic sensors, Omnipod, pump infusion sets | grifgrips.com |
| ExpressionMed | Dexcom, Libre, Medtronic sensors, Omnipod, pump infusion sets | expressionmed.com |
| RockaDex | Dexcom, Libre, Medtronic sensors, Omnipod | rockadexusa.com |
| Dexcom | Dexcom (FREE clear overlay tape) | Call Dexcom at 888-738-3646 |

ADHESIVE WIPES/LIQUID

| BRAND | HOW TO USE | WHERE TO FIND |
|------------------------------|---|---------------|
| IV Prep Wipes | apply to adhesive area, leave a small area where sensor is inserted | amazon.com |
| Skin-Prep Wipes | apply to adhesive area, leave a small area where sensor is inserted | amazon.com |
| Skin-Tac Wipes/Liquid | apply to adhesive area, leave a small area where sensor is inserted | amazon.com |
| Mastisol Liquid | apply to adhesive area, leave a small area where sensor is inserted | amazon.com |

BARRIER WIPES/CREAMS

| BRAND | HOW TO USE | WHERE TO FIND |
|---|--|---------------|
| Bard Protective Barrier Wipes | apply to sensitive area, leave a small area where sensor is inserted | amazon.com |
| AllKare Protective Barrier Wipes | apply to sensitive area, leave a small area where sensor is inserted | amazon.com |
| Cavilon Barrier Cream | apply to sensitive area, leave a small area where sensor is inserted | amazon.com |
| Cavilon Barrier Film Wipes | apply to sensitive area, leave a small area where sensor is inserted | amazon.com |

ADHESIVE REMOVERS

| BRAND | HOW TO USE | WHERE TO FIND |
|--|--|-------------------------------|
| Baby Oil/Baby Oil Gel | apply over adhesive, let sit for at least 5 minutes prior to removal | Available at most drug stores |
| AllKare Adhesive Remover | apply over adhesive, let sit for at least 5 minutes prior to removal | amazon.com |
| TacAway Adhesive Remover | apply over adhesive, let sit for at least 5 minutes prior to removal | amazon.com |
| Bard Protective Barrier Remover | apply over adhesive, let sit for at least 5 minutes prior to removal | amazon.com |

SKIN IRRITATION TIPS:

- Never apply a sensor to a skin area that has not fully recovered from a previous sensor/infusion set/pod application
- Do not use alcohol to clean the skin, but try antibacterial soap and water
- Use an adhesive barrier such as Skin-Tac, Skin-Prep, Bard's Protective Barrier Wipe, Cavilon film or Cavilon cream, before applying the sensor
- Use a spray of over-the-counter fluticasone, such as Flonase (a hydrocortisone spray), after cleaning the skin and before applying an adhesive barrier or the sensor/infusion set/pod.